

Free printable · Alphabet · Ages 3 to 6

Wobblin's Pre-Writing Paths and My Name

For little hands not quite ready for letters, and for days when writing feels hard. Paths to trace, a calm-down story and a name page.

What's inside

- A short story: Wobblin gets cross when writing is tricky, then finds what helps
- Get-ready-to-write tricks checklist
- 5 pre-writing path pages: lines, downward strokes, waves, zigzags and loops
- A name tracing page

Tips for grown-ups

- Pre-writing strokes come before letters. There's no rush.
- Wobbly lines are fine. Stay on the path is the goal, not perfection.
- If your child gets frustrated, stop and try a movement trick first.
- Big movements (air, easel, sand) build the skills small ones need.

If you have concerns about your child's fine motor skills, an occupational therapist can help.

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A little story about Wobblin and tricky writing.



Sometimes writing feels tricky. Wobblin's pencil wobbles, his letters go the wrong way, and his glow turns hot and red.



"I can't do it!" says Wobblin. His hands feel tight and his tummy feels fizzy.



Wobblin pushes the wall, shakes his hands, and takes three slow breaths. His glow softens. "I'll try one more," he says.

Talk about it: "Does writing ever feel tricky for you? What helps your body feel ready?"

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My get-ready-to-write tricks! Tick the ones that help you.

- [ ] Push the wall 10 times
- [ ] Squeeze my hands into fists, then let go
- [ ] Shake my hands like a wet dog
- [ ] Draw the letter in the air, big
- [ ] Trace it in sand, rice or shaving cream
- [ ] Use a chunky crayon or a pencil grip
- [ ] Stand up at an easel or the wall
- [ ] Take a break and come back later

My own trick: _____

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Help me float across to my friends!

Grown-up tip: Start at the gold dot and follow the path to the star. Try a finger first, then a crayon. Wobbly lines are fine!

I did it!

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Draw the raindrops falling down. Start at the top!

Grown-up tip: Start at the gold dot and follow the path to the star. Try a finger first, then a crayon. Wobbly lines are fine!

I did it!

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Follow the waves on the pond!

Grown-up tip: Start at the gold dot and follow the path to the star. Try a finger first, then a crayon. Wobbly lines are fine!

I did it!

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Zig zag like lightning!

Grown-up tip: Start at the gold dot and follow the path to the star. Try a finger first, then a crayon. Wobbly lines are fine!

I did it!

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Loop the loop with me!

Grown-up tip: Start at the gold dot and follow the path to the star. Try a finger first, then a crayon. Wobbly lines are fine!

I did it!

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Let's write your name!

Grown-ups: write your child's name lightly in highlighter or pale pencil on the first lines. Your child traces over it, then tries on their own on the last lines.

The first letter of my name is _____ **It sounds like** _____

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