After School Landing Plan

Land first. Talk later.

1 Arrive

- [ ] Calm hello, no questions
- [ ] Snack ready
- [ ] Water bottle
- [ ] Carry their bag
- [ ] Quiet car or walk
- [ ] Our idea: _____

2 Move or rest

- [ ] Run or climb outside
- [ ] Push, pull or carry
- [ ] Quiet spot or cushion
- [ ] Bath or water play
- [ ] No homework yet
- [ ] Our idea: _____

3 Reconnect

- [ ] Play together
- [ ] "Best bit of today?"
- [ ] Talk side by side
- [ ] Dinner together
- [ ] Calm bedtime
- [ ] Our idea: _____

Today we came from: Kinder | Childcare | School | Holiday program