Support Questions Card

Ask. Listen. Trust what you know about your child.

1 Before we start

- [ ] Our family's goals
- [ ] My child's strengths
- [ ] What's hard right now
- [ ] Costs and contracts
- [ ] Staff qualifications
- [ ] Our note: _____

2 At the first meeting

- [ ] "What if my child says no?"
- [ ] Goals set together
- [ ] Play based sessions
- [ ] Autism and ADHD both
- [ ] Honest about evidence
- [ ] Our note: _____

3 After a few sessions

- [ ] My child seems OK going
- [ ] Interests respected
- [ ] We can watch and ask
- [ ] Progress reviewed
- [ ] Fits family life
- [ ] Our note: _____

Support: OT | Speech | Psychology | Other