Sound Hunt Cards

A one-minute stomp and freeze game for six sounds

How to play

Pick one sound for the day. Tell your child: "We're on a hunt for the **b** sound. Stomp like a giant when a word starts with b, and freeze like a statue when it doesn't." Read out the stomp words and mix in a few freeze words. Stretch the first sound at the start, "b-b-ball", then say it normally as she gets it.

Keep it tiny

Five or six words is plenty. Stop while she still wants more, and play again later in the day. On the next pages are cut-out cards with space for her to draw each word, so the game can live on the fridge or in your bag.

If movement is too much right now

Swap stomp for a thumbs up, a clap or a squeeze of your hand. The listening is the important part.

s

Stomp: sun, sock, snake, sand
Freeze: moon, ball, fish

m

Stomp: moon, mum, milk, mango
Freeze: sun, dog, pig

b

Stomp: ball, bus, banana, bed
Freeze: sun, fish, tap

t

Stomp: tap, tiger, toast, tent
Freeze: moon, bed, pig

p

Stomp: pig, pram, park, possum
Freeze: sock, tent, milk

a

Stomp: apple, ant, axe, alligator
Freeze: moon, bus, toast

A note for grown-ups

These are starting sounds only. Some children hear them straight away and some take weeks, and both are fine. If you have worries about her speech or her interest in sounds, have a chat with your GP, Maternal and Child Health nurse or a speech pathologist.

s

draw it here

sun

s

draw it here

sock

s

draw it here

snake

s

draw it here

sand

m

draw it here

moon

m

draw it here

mum

m

draw it here

milk

m

draw it here

mango

b

draw it here

ball

b

draw it here

bus

b

draw it here

banana

b

draw it here

bed

t

draw it here

tap

t

draw it here

tiger

t

draw it here

toast

t

draw it here

tent

p

draw it here

pig

p

draw it here

pram

p

draw it here

park

p

draw it here

possum

a

draw it here

apple

a

draw it here

ant

a

draw it here

axe

a

draw it here

alligator